

ROMAN CATHOLIC CHURCH OF
**Ss. CYRIL &
METHODIUS**

WWW.SSCMDP.ORG
125 HALF HOLLOW RD, DEER PARK, NY 11729

2nd SUNDAY of EASTER

April 7, 2024

In the Jubilee Year 2000, Pope John Paul II proclaimed that from that year forward the Second Sunday of Easter would be celebrated as Divine Mercy Sunday. This was proclaimed at the Canonization Mass of St. Faustina Kawalska, who worked throughout her life to make all aware of the merciful love of God. St. Faustina (1905–1938) was born and raised in Poland. Following a vocation to religious life, she was accepted by the Congregation of the Sisters of Our Lady of Mercy. As a member of the Congregation, she worked as a cook, gardener, and porter. In her spiritual life, her contemplation on the Mercy of God led her to develop a childlike trust in God and deep love for her neighbor.

In her years in the convent, St. Faustina heard a call from God to make God's mercy known to the world so that the
...continued on page 4



Divine Mercy Sunday

Readings and Songs this Sunday

No. 1066 in the Blue Gather Hymnal

1st Reading: **Acts 4:32-35**

2nd Reading: **1 John 5:1-6**

Gospel Reading: **John 20:19-31**

LITURGICAL MUSIC for the Holy Mass:

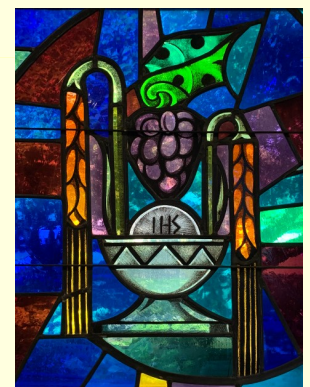
Alleluia No. 1 **#524**

We Walk by Faith **#680**

O Sons and Daughters **#532**

Jesus Christ Is Risen Today **#540**

(All Masses except Sunday 6pm)



Let us join together in praying for our children in Faith Formation who will be receiving the **Holy Eucharist** for the first time and also those receiving the **Sacrament of Confirmation** towards the end of this month and in May.

(Images depicting Baptism and Eucharist are two of the stained glass windows in the transepts of our Church.)

SCHEDULE OF MASSES

Saturday: 5:00 pm (Vigil)

Sunday: 8:00 am, 9:30 am: Family Mass - LIVESTREAM,
11:00 am, 12:30 pm
4:00 pm (Vietnamese Mass) & 6:00 pm

Weekdays: 7:00 am, 8:30 am, 12:15 pm

Saturday: 8:30 am

HOLY DAY SCHEDULE

Please check the Bulletin and the Parish Website.

SACRAMENT OF RECONCILIATION: (Confessionals)

Monday, Wednesday & Friday: after the 12:15 pm Mass

Saturday: 4:00 pm - 4:30 pm

and by appointment by calling the Parish Office

PARISH OFFICE

Tel: (631) 667-4044

Fax: (631) 667-6237

Email: parishoffice@sscmdp.org

OFFICE HOURS

Monday - Saturday

9:00 am - 1:00 pm

Tuesday & Thursday:

4:00 pm - 8:00 pm

Sunday - closed

Parish Social Ministry Office Hours

Monday, Tuesday, Wednesday & Thursday

10:00 am - 3:00 pm

Other hours by appointment only.

Email: socialministry@sscmdp.org

BAPTISM: Saturday at 12:30 pm and Sunday at 2:00 pm. Contact the Parish Center to arrange for an interview and to register for the required preparation class.

MARRIAGE: Arrangements should be made at least six months in advance and prior to wedding reception plans. Call the Parish Center to make an appointment for the initial intake.

PASTORAL CARE OF THE SICK: Holy Communion will be ministered by appointment to those confined to home. Contact the Parish Center to schedule a visit by a Eucharistic Minister.

THE ANOINTING OF THE SICK: Saturdays after the 8:30 am Mass (inform priest before Mass or request for it after Mass). In an emergency, call the Parish Office to request a priest. Outside office hours, call (631) 667-4044, Ext. 9.

PASTORAL STAFF: (631) 667-4044

Rev. Gius Garcia, *Pastor*, Ext. 121

Rev. Patrick Grace, *Associate Pastor*, Ext. 166

Rev. Christopher Deh, *Associate Pastor*, Ext. 165

Rev. Paul Bersamin, *Associate Pastor*, Ext. 170

Rev. Gregory Cappuccino, *Occasional Help*, (Retired)

Deacon John F. Fitzpatrick, Ext. 124

Deacon James A. Murano, *Liturgical Music* Ext. 127

Ms. Carol Tannehill, *Rel Ed Coordinator*, Ext. 145

Ms. Janet McEnany, *OFS, Social Ministry*, Ext 105

Mr. Timothy Leitch, *Youth Ministry*, Ext. 154

Deacon Philip A. Mills, Jr. *Business Manager*, Ext. 110

PARISH TRUSTEES

Tom Richardson

John Grieb



Mrs. Joan Ann Loring, Ext. 122

Parish Secretary / Bulletin Editor

Mrs. Marianne Saffran, Ext. 115

Baptism & Wedding Coordinator

Ms. Allison Taibi, Ext. 111,

Bookkeeper

MASS INTENTIONS

Monday April 8

7:00 AM: Damian and Vincenza Aiello
8:30 AM: Dennis Hovanec
12:15 PM: Rev. Msgr. Francis X. Gaeta

Tuesday April 9

7:00 AM: Robert Cotromano
8:30 AM: Harold Engrassia
12:15 PM: Ryan T. Horodnicki

Wednesday April 10

7:00 AM: Chuen Kam Chan-Shek
8:30 AM: Pileggi and Natale Families
12:15 PM: John and Helen Michalisin

Thursday April 11

7:00 AM: Deanna Ordiales
8:30 AM: Angela Mento
12:15 PM: Catherine and Arthur Baumann

Friday April 12

7:00 AM: Louis LaDonna
8:30 AM: Aida Feliciano
12:15 PM: Frank Mulligan

Saturday April 13

8:30 AM Purgatorial Society
5:00 PM Adelaide and George Borges, Mary and Donald Barra, Angela Macaluso

Sunday April 14

8:00 AM Gwendoline Vasconcellos
9:30 AM Pasquale Chiodi
11:00 AM Angela Mento, Joseph Ianniello, Chuen Kam Chan-Shek
12:30 PM Ed Dionian
6:00 PM Damian Aiello II

PRESIDERS FOR NEXT WEEK'S MASSES

Saturday, April 13

5:00 PM: Fr. Paul Bersamin

Sunday, April 14

8:00 AM: Fr. Patrick Grace
9:30 AM: Fr. Christopher Deh
11:00 AM: Fr. Paul Bersamin
12:30 PM: Fr. Gius Garcia
6:00 PM: Fr. Christopher Deh

REST IN PEACE

Margaret Papowitz, Concetta Spignolo

BANNS OF MARRIAGE

First Banns

Eric Heissenbuttel — Ss. Cyril and Methodius
Patricia Kelly — Ss. Cyril and Methodius

MEMORIALS

APRIL 7 to APRIL 13

ALTAR FLOWERS -

Jean Oropallo, my wife of 59 years, April 5th.
Happy Birthday in Heaven, from our daughters,
our grandchildren, our great grandchildren. We
miss you. Love, Clemente Oropallo

BLESSED MOTHER SHRINE FLOWERS -

In Thanksgiving for Prayers Answered. Anonymous.

AVAILABLE MASS INTENTIONS

April 15 - 7:00 am
April 16 - 12:15 pm
April 17 - 8:30 am, 12:15 pm
April 18 - 8:30 am
April 23 - 7:00 am, 8:30 am, 12:15 pm

PRAY FOR THE SICK

Leonard Caltabiano, Joyce Ratushny, Kristen Tonnesen, Ralph Viera, Brendan Gould, Olivia Marie Marc Baboff, Carmine Lagattuta, Cassandra Dawson, Kristy Denes, Baby Marina Grace, Donald Martino, Ann Scardino, Pat Henry, Baby Ryan Thomas Racioppo, Crystal LaCalamita, AnnMarie Bufalino, Maureen Booth, Loretta Gleeson, Ken Mannale, Providence Henry, Grace Rapuano, Catherine O'Neill, Nancy Lanni, Donna Daly, Marie Muenkel

We ask that you email jloring@sscmdp.org or leave a message ge

PRAY FOR OUR SERVICE MEN & WOMEN

Kyle Chanley US Army

We will only publish 5 names at a time for 2 weeks to highlight them. We will publish their names 2x after that they will be taken down. This is to make room and accommodate more names that we could publish. Email jloring@sscmdp.org if you want a name included.

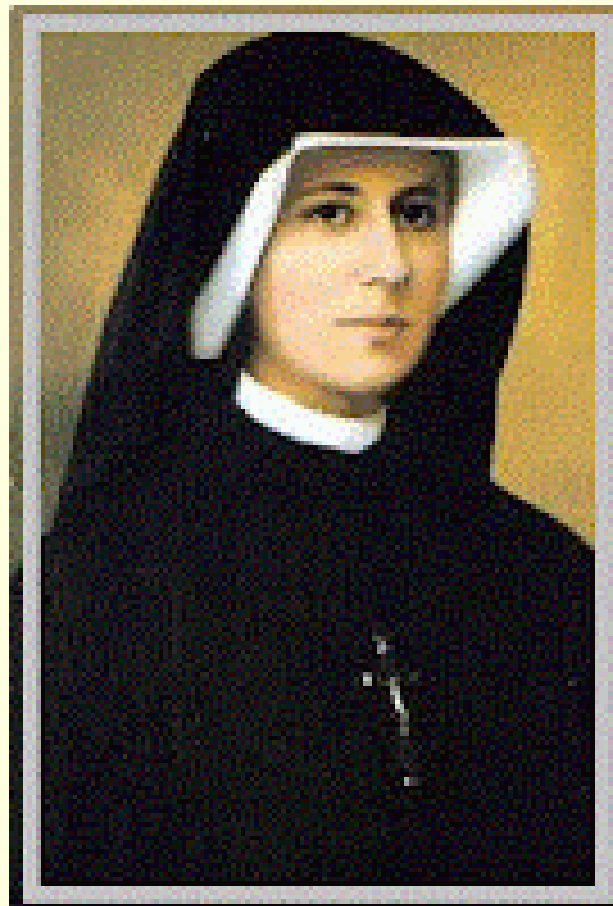
FROM THE PASTOR

...from cover page

world may more fully receive God's healing grace. St. Faustina promoted the Chaplet of Divine Mercy which consists of the recitation of prayers to the Eternal Father with the use of the rosary for the sake of Christ's sorrowful passion.

The Chaplet is prayed as follows:

1. Begin with the Sign of the Cross, one Our Father, one Hail Mary, and the Apostles' Creed.
2. On the Our Father beads, recite the following:
"Eternal Father, I offer you the Body and Blood, Soul and Divinity of your dearly beloved Son, our Lord Jesus Christ, in atonement for our sins and those of the whole world."
3. On the ten Hail Mary beads, say the following:
"For the sake of His sorrowful Passion, have mer-



cy on us and on the whole world."

4. Repeat step two and three for all five decades.
5. Conclude by reciting three times:

"Holy God, Holy Mighty One, Holy Immortal One, have mercy on us and on the whole world."

When celebrating Divine Mercy Sunday, the faithful are called to reflect more personally on the graces won through the life, death, and Resurrection of Jesus Christ. In this way their hearts may be more fully aware of the mercy of God for them personally and for the sake of the world.

Stewardship

MARCH 31, 2024

Easter Collection	\$41,788.13
Online Giving	\$ 1,373.70
2nd Collection	<u>\$ 5,923.00</u>
Total	\$49,084.83

Easter Flowers	\$ 4,258.00
Holy Land	\$ 3,483.00

CATHOLIC MINISTRIES APPEAL 2024

Goal \$125,200

\$41,943.50 Pledged 33.50% of Parish Goal

VANCO
FAITH

PARISH FINANCIAL CONDITION

Our year to date Parish deficit is
(- \$7,068.63)

Please consider whatever way you can to support upcoming fundraisers:

Msgr. Ted Rooney GOLF OUTING in June
Family Festival in August

JESUS
IS RISEN
Alleluia



Rev. Msgr. Thaddeus Rooney Memorial Golf Outing & Dinner

Thursday, **JUNE 13, 2024** + Timber Point Country Club, Great River

Sponsored by **MANGANO FUNERAL HOME, INC.**

Honoring:

FR. JOSEPH BAIDOO

FR. BRIAN BARR

(Former Associate Pastors of the Parish)



PRIZES INCLUDE: Closest to Pin, Closest to Pin
Second Shot, Longest Drive (60 and over, 70 and
over, 80 and over and 60 and under).

SPONSORS NEEDED FOR:

- | | |
|----------------------|----------------------|
| Tee/Greens: \$110 | Flag Sponsor: \$150 |
| Driving Range: \$300 | Beverage Cart: \$800 |
| Golf Carts: \$900 | Cocktail Hour: \$900 |
| Dinner: \$900 | Dessert: \$900 |
| Barbeque: \$900 | |

We need prizes for our raffles:

**Gift Cards
or Store Gift Certificates
in the \$10 - \$25 range.
New bottles of Liquor.**

FOR MORE INFO,
PLEASE CALL:

- Sal Mangano**
(631) 586-3600,
Mike Conboy
(631) 539-8932,
Rosemarie Brady
(631) 681-6336,
Joe & Teri Schiano
(631) 595-1709,
Carol Tannehill
(631) 988-9906,
Dcn. Phil Mills
(631) 667-4044 X 110

\$170.00 per golfer
(Soft Spikes required),
Lunch, Green Fees,
Beverage Cart, Dinner
& Cocktails
\$75.00 Dinner only

- 12:00 PM Lunch and Registration
- 2:00 PM Shotgun Start
- 6:30 PM Cocktail Hour at SSCM
- 7:30 PM Dinner, coffee, tea and dessert

ALL FLAG ORDERS DUE BY MAY 16 ALL MONEY DUE BY JUNE 6

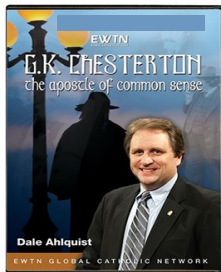
Please find enclosed a check payable to:

Ss. Cyril & Methodius, c/o Dcn. Phil Mills, 125 Half Hollow Road, Deer Park 11729

In the amount of \$_____ to cover the cost of #_____ golfers.

Names: _____

Item sponsored: _____ Amount \$ _____



Season II

Art of Defending the faith parts 1 and 2

Join Father Grace on Tuesdays at 7:00 pm in the Father Behan Hall

BLACK CATHOLICS MINISTRY

If anyone is interested please contact Donna Dixon at 631-664-5692.

ALTAR SERVERS

We are looking for boys and girls in 3rd grade or above to become part of our Altar Server Ministry. For more information call Father Christopher Deh at 631-667-4044 ext.165.

MIRACULOUS MEDAL NOVENA

Monday evenings at 7:00 p.m. in the Church. Maintaining social distancing practices we gather weekly to recite the Novena near the statue of Mary. Make this powerful 20 minute prayer an essential and routine part of your spiritual life. Let our Blessed Lady intercede for your needs to her son, our Lord Jesus Christ.

FLAME OF LOVE DEVOTION

Will gather in the Church every **Friday afternoon from 1:00 p.m. to 2:00 p.m.** Our Mother is begging for our help! Won't you say yes? Any questions call Anna Mancini at 631-586-5214.

RECITATION OF THE ROSARY

Join the Rosary Altar Society every Tuesday and Thursday at 6pm. You may tune in to the communal recitation of the Rosary on ZOOM CONFERENCE as led by the members of the Holy Rosary Society of Saints Cyril and Methodius. Download the **Zoom app** on your phone or login to **zoom.us Meeting ID: 82505467253** and **Password: TV369x** Any questions call Leslie Barra at 631-586-1663.

THE LOVE OF CHRIST CHARISMATIC PRAYER GROUP

Meets every **Tuesday from 1:00pm to 3:00pm in the Senior Room.** Any questions call Lucille at 631-586-2438.

USHERS

Ushers are needed at all Masses. If you would like to help out at the Mass you attend then please call Paul Coppola at 631-587-9649 for more information.

GREETERS

Greeters are needed at all Masses. If you would like to greet at the Mass you attend then please call Cathie Taibi at 917-597-1559.

CANCER SUPPORT GROUP

For more information call Diana at 845-428-2272.

SS CYRIL AND METHODIUS HOLY NAME SOCIETY

Our next 6 Hour Defensive Driving Course is April 13th in the Fr. Behan Hall. Coffee and bagel breakfast at 8:30am donated by Mangano Funeral Home. Pizza lunch provided by Shannon Macleod Elder Law Attorney. Space is limited. No Walk Ins allowed. If you would like to sign up for the Defensive Driving Course, please contact Phil Hogan at 631-667-9148.

SOCIETY OF ST. VINCENT DE PAUL - "We Help People"

In the Gospel today, Jesus stands in the midst of his disciples and says: "Peace be with you!" Just like during mass we turn to each other and say "Peace be with you!" As you put your gift into the St. Vincent de Paul box say "Peace be with you!" to those who are poor and hungry.

Is there a family or someone you know who may need assistance in addressing rent, utilities or other crucial bill arrears, or needs assistance with furniture or clothing, please have them email us at sscmstvincentdepaul@gmail.com or call and leave a message at 631-667-4044 ext. 175. You will receive a call back from one of our volunteers using a blocked number. Please answer the phone so we are able to assist you if we can.

If you would like to donate clothing, the bins on the north side parking lot of the church are for clothing only. To donate furniture, please call 631-858-0380 or visit www.svdpli.org for additional information.

ROSARY ALTAR SOCIETY

Our next meeting will be **Monday, May 6th in the Church at 7:30 p.m.** for the Living Rosary, May Crowning and election of the new board. Any questions call Alba Barra at 631-274-5570.

OUR LADY OF THE ROSARY COLUMBIETTES

Our next meeting will be **April 8th at 7:30 p.m.** at Our Lady of the Rosary #4428 Council. If you would like to become a member please call Inez Schillinger, President at 631-586-2176.

OUR LADY OF THE ROSARY KNIGHTS OF COLUMBUS

We meet the 1st and 3rd Thursdays of the month. Please call Grand Knight Dan Thompson at 646-529-4850 if interested in becoming a member.

FIRST SATURDAY DEVOTIONS

Join us every first Saturday of every month for Adoration of the Most Blessed Sacrament at 8:00am followed by the 8:30am Mass and recitation of the rosary. **The next First Saturday of the month is April 6, 2024.** Any questions call Annette Arena at 631-661-9109.

SENIOR CLUB

Our next meeting will be on **May 14, 2024 at 2:30pm** in the Father Behan Hall. Please join us as we will be planning our June Picnic. Any questions call Mary Indelicato at 631-667-2998.



ADORATION OF THE BLESSED SACRAMENT

**Every Wednesday from
1:00pm to 6:30pm
in the Church Crying Room.**

Any questions call Carol Matos
at 1-813-323-8602.

LITURGICAL MINISTER TRAINING

SPRING 2024

The Diocese of Rockville Center will offer training in Spanish and English for those who wish to serve as Extraordinary Ministers of Holy Communion and Lectors. No walk-ins permitted, all participants must be registered in advance with a letter from their pastor.

Extraordinary Minister of Holy Communion: Part A - This training is required for all those who are beginning as Ministers. This "BASIC" training is required for all Extraordinary Ministers of Holy Communion. Those who wish to minister in hospitals, nursing homes and to the homebound are required to attend Part B training in addition to BASIC training. One must attend Part A training prior to Part B training. A Lector Workshop is available for both new and experienced lectors.

Dates and Locations for Liturgical Minister Training

Training in SPANISH:

- **Lector Workshop:** Sat., April 20 – Our Lady of Loretto / Hempstead – Divine Mercy Chapel 9:00 – 1:00 pm
- **Extraordinary Minister of Holy Communion – Part A:**
Sat., April 27 - Our Lady of Loretto/ Hempstead – Divine Mercy Chapel 9:00 – 1:00 pm

Training in ENGLISH:

- **Lector Workshop and Extraordinary Minister of Holy Communion - Part A:**
Tuesday, April 16 - St. Elizabeth / Melville - Msgr. Kane Hall; 7 pm - 10 pm
Sat., April 27 – Immaculate Conception/Westhampton Beach - Parish Hall; 9 am – 12:00
Tuesday, May 21 – St. Christopher/Baldwin – McGoldrick Hall; 7 pm – 10 pm
You may register for EITHER Lector OR Extraordinary Minister training at each session.
Doors open 30 minutes before the training start time.
- **Extraordinary Ministers of Holy Communion - Part B** – presented in conjunction with Catholic Health
Sat., April 27* – Immaculate Conception/Westhampton Beach - Parish Hall; 1 – 4 pm
Tuesday, May 14 - St. Elizabeth / Melville - Msgr. Kane Hall; 7 pm - 10 pm
Tuesday, June 4 - St. Christopher/Baldwin – McGoldrick Hall; 7 pm – 10 pm

*On **April 27**, we are offering Part A and Part B on the SAME day. Those who attend Part A in the morning are welcome to bring lunch or leave for lunch and return for the 1 pm Part B session. Please indicate if you are doing BOTH on your registration letter from your pastor. This will be in English only.

A letter from your pastor will be required to reserve your space at any of these trainings and must be received at least five days prior to the session you wish to attend. To request registration for any of these sessions, please contact your rectory. Do not call the host parishes with questions. For questions relating to the Spanish training, call Ingrid Oliva at 516-678-5800, ext. 560. For questions regarding the English training, call Suzanne Lynn at 516-744-6850. Thank you for your interest.

WON'T YOU BE MY NEIGHBOR

Our *Reach Out* committee of 5 has been slowly contacting our parishioners to update our records and see what needs they have. We can use more help in making these calls. See below on how to volunteer. We have had requests for receiving the bulletin at home and also a friendly visit to those who can't get out. Won't you be a *neighbor* and drop off a bulletin to someone in your *neighborhood* on the way home from church. Can you spare a bit of time to stop in and visit a *neighbor*, it would be so welcome. Please call Kerry Brennan at 631 586 6294 to help

Thank You!!!



Thanks for the work of the 25 teens and 5 adults who met on St. Patrick's Day to make over 100 Easter Baskets for kids who probably wouldn't have gotten anything this Easter. None of this would have been possible without the incredible generosity of the parishioners who donated candy, toys, baskets and more. Many thanks to all who participated.

FAMILY FESTIVAL OF FUN

Thu, Aug 15: 6 - 10 pm

Fri, Aug 16: 6 - 10 pm

Sat, Aug 17: 5 - 10 pm

Sun, Aug 18: 2 - 8 pm

**ENJOY THE RIDES,
GAMES, FOOD & RAFFLES**

Respect Life

SS Cyril & Methodius' Rosary Altar Society Annual Baby Shower!

Thank you to all the Rosarians, who so generously gave and continue to give to our Respect Life Walking with Moms program!

The Annual Baby Shower is such a testament to the abundant generosity of all the Women of the Rosary Altar Society!

THANK YOU ALL!!



Friday, April 12, 2024 Doors Open 6:30pm
Ss. Cyril and Methodius Fr. Behan Hall

No Experience Necessary!
All you need to do is roll dice and socialize!
Bring Your Friends!

Coffee, Tea & Refreshments
Prizes and Lots of Laughs Included

Tickets Must Be Purchased In Advance
\$20 per person NO Refunds

For Tickets Contact Bobi Lukenovich 631-576-6899 or Donna Ryall 516-885-0606 or
Geri Cavanaugh 973-479-4234

Drop Off At KofC Att: Bunco or Rectory Att: Columbiettes (Bunco)

Hosted by Our Lady of the Rosary Columbiettes
Location: Ss. Cyril & Methodius -Fr. Behan Hall
Proceeds will be donated to one of our charities.



SAVE THE DATE

On April 14, 2024 there will be a special liturgy at the 12:30 p.m. Mass to honor the sacrament of marriage. This celebration will be extraordinary, since we will honor couples who are celebrating anniversaries of 1 year, multiples of 5 years, or more than 50 years, during 2024.

If you have any questions, please contact: Marianne at ext.115 or Joan at ext.122

All married couples wishing to attend this liturgy should email the information to msaffran@sscmdp.org or jloring@sscmdp.org by April 8, 2024.

The Diocese of Rockville Centre
GOLDEN WEDDING ANNIVERSARY MASSES
Honoring Couples Married Fifty Years

The Diocese of Rockville Centre would like to honor those couples who celebrated Fifty Years of marriage in 2024 by inviting them to attend one of the Masses below for a special blessing.

Sunday, April 21, 2024, at 3:00 p.m.

The Cathedral of St. Agnes, Rockville Centre
Celebrant: Most Reverend Andrzej Zglejszewski

Registration must be received by Tuesday, April 16, 2024

Sunday, May 5, 2024, at 3:00 p.m.

Church of Our Lady of Mount Carmel, Patchogue
Celebrant: Most Reverend Robert J. Coyle

Registration must be received by Tuesday, April 30, 2024

Register on line at drvc-faith.org

For questions, please contact Lisette Robustelli, Associate Director at 516-678-5800 ext. 200 or via email at lrobustelli@drvc.org

Meets every Sunday After the 6:00 pm Mass

Meeting point at the Breezeway before proceeding to the Parish Youth Center at the second floor of the SSCM Pastoral Center.

FAITH + FRIENDSHIP + FUN + SERVICE

**PARISH YOUTH
MINISTRY**

Contact: Tim Leitch
631-6674044
timpleitch@aol.com



**This year our Paschal Candle is donated
by Steve and Kerry Brennan**

in memory of

Rev. Msgr.

Frank X. Gaeta



Thank you...

To all who helped make our Holy Week celebrations truly meaningful and beautiful:

to our Extra-Ordinary Ministers of Holy Communion, Lectors, Ushers, Leaders of Song, Choir, and Altar Servers.

to the Knights of Columbus who provided bagels for our families for the children's Easter egg hunt.

special mention to our Easter bunny "AD".

special mention to all who came to decorate the Church especially those who helped decorate for Easter led by Tim Leitch.



Parish Social Ministry

We have been signing up new families almost every week. We are so blessed that our parish is so generous to allow us to be able to help so many families. Last month we welcomed 9 new families.

In February we were able to provide food and basic needs of living to 1316 over the course of the month.

We are happy to report that we are now getting donations from the newly relocated Panera Bread company. Stanley's Bakery in East Islip donates to us every week as well.

We received a lot of items in the bins that we had to throw away. Once again we are asking that things do not get put in the bins that are past dated or fragile. Such as bread that winds up in the bottom of the bin and so becomes unusable. We also received many refrigerated items that must be thrown out as well.

Please call and I will be happy to meet you if at all possible to accommodate your schedule.

Don't forget the Catholic Health Services Bus is coming April 16th in the Social Ministry parking lot from 9am to 2pm.

Janet

PANTRY NEEDS:

FOOD

1. White Rice
(We have plenty of Brown Rice)
2. Ritz Type Crackers
3. Pasta or Spaghetti
4. Cookies
5. Mac and Cheese

6. Canned Tuna Fish
7. Canned Chicken
8. Spam
9. Shelf stable juice (Lidl has the best price on Apple Juice)
10. Sloppy Joe Mix
(Manwich type in a can)

NON FOOD ITEMS

1. Paper Towels
2. Body Wash
3. Women's deodorant
4. Women's shave cream
5. Men's deodorant
6. Men's shave cream
7. Shampoo
8. Conditioner
9. Bar Soap
10. Dish Detergent
11. Toilet Paper

If you shop in dollar tree the flour, sugar and oil are the perfect size.

We are in need of the following for our once a month and once every other month items

- | | | | |
|------------------------------------|---------------|-----------|--------------------|
| 1. Ketchup | 4. Jelly | 7. Coffee | 10. Mustard |
| 2. White Vinegar (not gallon size) | 5. Mayonnaise | 8. Flour | 11. Sugar |
| 3. Oil | 6. Salt | 9. Tea | 12. Salad dressing |

Free health screenings

Mobile Outreach Bus

**Tuesday April 16, 2024
9am-2pm**

**Parish Social Ministry
Parking Lot Half Hollow Road
Ss. Cyril & Methodius**



Services for adults (18 and older):

- Brief cardiac history
- Blood pressure screening
- BMI screening
- Simple blood test for cholesterol and glucose
- Health education
- Referrals as needed
- Resources for those without insurance