ROMAN CATHOLIC CHURCH OF

## SS. CYRIL& METHODIUS



W W W . S S C M D P . O R G 125 HALF HOLLOW RD, DEER PARK, NY 11729

#### EASTER SUNDAY

March 31, 2024



Dear Parishioners,

Jesus Christ is risen today! Alleluia! Alleluia!

I would like to greet everyone a Happy Easter! May this time truly be a rebirth for us all. May it bring us true comfort and security when things are not stable, unwavering hope confronted with darkness, and reconciliation and unity when we are in turmoil from hate and division.

As Christians, there are two dominant symbols that are most associated with Easter. First is the **Empty Tomb** and second the **Paschal Lamb**.

**Readings and Songs this Sunday** 

#### No. 1065 in the Blue Gather Hymnal

1st Reading: Acts 10:34a,37-43 2nd Reading: Colossians 3:1-4 or 1 Corinthians 5:6b-8

Gospel Reading: John 20:1-9

#### **LITURGICAL MUSIC for the Holy Mass:**

Jesus Christ Is Risen Today
Sing with All the Saints in Glory
Take and Eat
#950
Sing to the Mountains
#519
(All Masses except Sunday 6pm)

On the third day after his crucifixion, the women who had been followers went to his tomb and found it empty. They told the disciples, some of whom also went to the tomb and found it empty. And they left wondering what had happened to Jesus' body? Why is the empty tomb important? Its primary importance is that it points to the bodily resurrection of Jesus. That death could not hold him. And because Jesus has risen, we can look forward to our own resurrection as well. The empty tomb demonstrates that death is not the end of the journey. There is much more to come. This Sunday, as you return the nails that were given to you on Holy Friday, you profess the truth of the empty tomb: Death has no power over Christ!

#### SCHEDULE OF MASSES

Saturday: 5:00 pm (Vigil)

**Sunday:** 8:00 am, 9:30 am: Family Mass - LIVESTREAM,

11:00 am, 12:30 pm

4:00 pm (Vietnamese Mass) & 6:00 pm

Weekdays: 7:00 am, 8:30 am, 12:15 pm

Saturday: 8:30 am

HOLY DAY SCHEDULE

Please check the Bulletin and the Parish Website.

**SACRAMENT OF RECONCILIATION:** (Confessionals)

Monday, Wednesday & Friday: after the 12:15 pm Mass

Saturday: 4:00 pm - 4:30 pm

and by appointment by calling the Parish Office

PARISH OFFICE

Tel: (631) 667-4044 Fax: (631) 667-6237

Email: parishoffice@sscmdp.org

**OFFICE HOURS** 

Monday - Saturday

9:00 am - 1:00 pm

Tuesday & Thursday:

4:00 pm - 8:00 pm

Sunday - closed

**Parish Social Ministry Office Hours** 

Monday - Thursday 10:00 am - 3:00 pm

Other hours by appointment only. Email: socialministry@sscmdp.org

**BAPTISM:** Saturday at 12:30 pm and Sunday at 2:00 pm. Contact the Parish Center to arrange for an interview and to register for the required preparation class.

**MARRIAGE:** Arrangements should be made at least six months in advance and prior to wedding reception plans. Call the Parish Center to make an appointment for the initial intake.

PASTORAL CARE OF THE SICK: Holy Communion will be ministered by appointment to those confined to home. Contact the Parish Center to schedule a visit by a Eucharistic Minister.

THE ANOINTING OF THE SICK: Saturdays after the 8:30 am Mass (inform priest before Mass or request for it after Mass). In an emergency, call the Parish Office to request a priest. Outside office hours, call (631) 667-4044, Ext. 9.

#### <u>PASTORAL STAFF</u>: (631) 667-4044

Rev. Gius Garcia, Pastor, Ext. 121

Rev. Patrick Grace, Associate Pastor, Ext. 166Rev.

Rev. Christopher Deh, Associate Pastor, Ext. 165

Rev. Paul Bersamin, Associate Pastor, Ext. 170

Rev. Gregory Cappuccino, Occasional Help, (Retired)

Deacon John F. Fitzpatrick, Ext. 124

Deacon James A. Murano, Liturgical Music Ext. 127

Ms. Carol Tannehill, Rel Ed Coordinator, Ext. 145

Mrs. Janet McEnany, OFS, Social Ministry, Ext 105

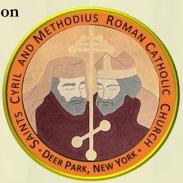
Mr. Timothy Leitch, Youth Ministry, Ext. 154

Deacon Philip A. Mills, Jr. Business Manager, Ext. 110

#### PARISH TRUSTEES

Tom Richardson

John Grieb



Mrs. Joan Ann Loring, Ext. 122
Parish Secretary / Bulletin Editor

Mrs. Marianne Saffran, Ext. 115
Baptism & Wedding Coordinator

Ms. Allison Taibi, Ext. 111,

Bookkeeper

MASS INTENTIONS		
Monday	April 1	
7:00 AM:	Louis LaDonna	
8:30 AM:	Anthony and Fannie Messina	
12:15 PM:	Christopher Papa	
Tuesday	April 2	
7:00 AM:	For Dominick Benvenuto's intentions	
8:30 AM:	Teresa Anne Allers	
12:15 PM:	Joseph Carfino	
Wednesday	April 3	
7:00 AM:	Chuen Kam Chan-Shek	
8:30 AM:	Aniella Balzano	
12:15 PM:	Gloria Bertha Herrera	
Thursday	April 4	
7:00 AM:	Stephanie Malone	
8:30 AM:	Joseph A. McCormack	
12:15 PM:	Marcolina Rodriquez	
Friday	April 5	
7:00 AM:	(Open: no offered intentions)	
8:30 AM:	Chuen Kam Chan-Shek	
12:15 PM:	Robert Butera	
Saturday	April 6	
8:30 AM	Purgatorial Society	
5:00 PM	Giuseppe Giuliano, Gerard Jokubiel, Christina and Giovanni Andriola, Angelina Castellano, Dolores Kelly, Rev. Francis X. Gaeta	
Sunday	April 7	
8:00 AM	Patricia Marques	
9:30 AM	Fred Rivera	
11:00 AM	William O'Dell, Theresa Connelly, Fallon Rae Brown, Louis LaDonna, Marie LaDonna	
12:30 PM	Frank Mondiello	
6:00 PM	Donald Booth	
Presiders for Next Week's Masses		
Saturday,		
5:00 PM:	Fr. Patrick Grace	
Sunday,	April 7	
8:00 AM:	Fr. Gius Garcia	
9:30 AM:	Fr. Paul Bersamin	
11:00 AM:	Fr. Gregory Cappuccino	

12:30 PM:

6:00 PM:

Fr. Christopher Deh

Fr. Paul Bersamin

#### REST IN PEACE

Marie LaDonna, Christina McGee, Denise Brindle, Rosalie Dolores Alu,

#### **MEMORIALS** MARCH 31 to APRIL 6

#### **BREAD AND WINE -**

God Bless Us All. The Gould Family.

#### **ALTAR CANDLES -**

April 5 -

Happy Birthday, Terry Anne. Love, Mom & Dad.

#### **AVAILABLE MASS INTENTIONS**

7:00 am

· 1- · · · ·	
April 10 -	8:30 am
April 15 -	7:00 am
April 16 -	12:15 pm
April 17 -	8:30 am, 12:15 pm
April 18 -	8:30 am
April 19 -	8:30 am
April 23 -	7:00 am, 8:30 am, 12:15 pm
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7:00 am, 12:15 pm April 24 -

7:00 am, 8:30 am, 12:15 pm April 25 -

April 26 -7:00 am

Please see or call the receptionist during office hours to offer Mass intentions for family members and loved ones, living or deceased.

#### PRAY FOR THE SICK

Kathleen Jacobi, JRV, Leonard Caltabiano, Joyce Ratushny, Kristen Tonnesen, Ralph Viera, Brendan Gould, Virginia Gennusa, Olivia Marie Marc Baboff, Carmine Lagattuta, Cassandra Dawson, Kristy Denes, Baby Marina Grace, Donald Martino, Ann Scardino, Pat Henry, Baby Ryan Thomas Racioppo, Crystal LaCalamita, AnnMarie Bufalino, Maureen Booth, Loretta Gleeson, Ken Mannale, Providence Henry, Grace Rapuano, Catherine O'Neill, Nancy Lanni

We ask that you email jloring@sscmdp.org or leave a message

#### PRAY FOR OUR SERVICE MEN & WOMEN

#### Kyle Chanley US Army

We will only publish 5 names at a time for 2 weeks to highlight them. We will publish their names 2x after that they will be taken down. This is to make room and accommodate more names that we could publish. Email jloring@sscmdp.org if you want a name included.

The second powerful symbol of Easter is the Easter or Paschal lamb which symbolizes the Risen Lord, Jesus Christ. The Lamb of God is the Christian symbol of the Passover Sacrifice of Jesus' Death to Life. A picture can be found on page 5. As part of a yearly tradition, you may tear out the page and tape it by your front window or the storm door of your home, witnessing to what we believe as Catholic Christians: "We are an Easter People and Alleluia is our song." The symbol of the Lamb remains in a prominent place from today Easter Sunday (March 31, 2024) until the Easter season is completed 50 days later on Pentecost Sunday (May 19, 2024). It is taken down at the end of the day.

Fr. Gius Garcia

#### Stewardship

MARCH 24, 2024

 Regular Collection
 \$21,865.90

 Online Giving
 \$ 1,006.24

 2nd Collection
 \$ 5,716.00

 Total
 \$28,588.14

CATHOLIC MINISTRIES APPEAL 2024
Goal \$125,200



#### PARISH FINANCIAL CONDITION

This week we are up + \$11,588.14

We are still running a deficit of:

Year to date: (- \$7,068.63)

To offset the current year to date parish deficit, we will be having a second collection for the weekend of Palm Sunday and Easter Sunday. Your parish needs your support. Please be generous as your means allow.

## JESUS ISRISEN Alleluia

Each of the four Gospels tells us that Jesus' empty tomb was first discovered by women. This is notable because in first-century Jewish society women could not serve as legal witnesses. In the case of John's Gospel, the only woman attending the tomb is Mary of Magdala. Unlike the Synoptic accounts, John's Gospel does not describe an appearance of angels at the tomb. Instead, Mary is simply said to have observed that the stone that had sealed the tomb had been moved, and she runs to alert Simon Peter and the beloved disciple. Her statement to them is telling. She assumes that Jesus' body has been removed, perhaps stolen. She does not consider that Jesus has been raised from the dead.

Simon Peter and the beloved disciple race to the tomb, presumably to verify Mary's report. The beloved disciple arrives first but does not enter the tomb until after Simon Peter. This detail paints a vivid picture, as does the detail provided about the burial cloths. Some scholars believe that the presence of the burial cloths in the tomb offers evidence to the listener that Jesus' body had not been stolen (it is understood that grave robbers would have taken the burial cloths together with the body).

The Gospel passage concludes, however, that even having seen the empty tomb and the burial cloths, the disciples do not yet understand about the Resurrection. In the passage that follows, Mary of Magdala meets Jesus but mistakes him for the gardener. In the weeks ahead, the Gospel readings from our liturgy will show us how the disciples came to believe in Jesus' Resurrection through his appearances to them. Our Easter faith is based on their witness to both the empty tomb and their continuing relationship with Jesus—in his appearances and in his gift of the Holy Spirit.





Many try to fight against the culture of darkness, but Fr. Robert Spitzer's solid strategy for creating a culture of life succeeds. In Defense of God's Likeness details a hierarchy of rights, the four levels of happiness, the proper resolution of rights conflicts, proof-positive evidence of the human soul, and much more.

Join Father Grace on Tuesdays at 7:00 pm in the Father Behan Hall

#### BLACK CATHOLICS MINISTRY

If anyone is interested please contact Donna Dixon at 631-664-5692.

#### ALTAR SERVERS

We are looking for boys and girls in 3rd grade or above to become part of our Altar Server Ministry. For more information call Father Christopher Deh at 631-667-4044 ext.165.

#### MIRACULOUS MEDAL NOVENA

Monday evenings at 7:00 p.m. in the Church. Maintaining social distancing practices we gather weekly to recite the Novena near the statue of Mary. Make this powerful 20 minute prayer an essential and routine part of your spiritual life. Let our Blessed Lady intercede for your needs to her son, our Lord Jesus Christ.

#### FLAME OF LOVE DEVOTION

Will gather in the Church every Friday afternoon from 1:00 p.m. to 2:00 p.m. Our Mother is begging for our help! Won't you say yes? Any questions call Anna Mancini at 631-586-5214.

#### RECITATION OF THE ROSARY

Join the Rosary Altar Society every Tuesday and Thursday at 6pm. You may tune in to the communal recitation of the Rosary on ZOOM CONFERENCE as led by the members of the Holy Rosary Society of Saints Cyril and Methodius. Download the **Zoom app** on your phone or login to zoom.us Meeting ID: 82505467253 and Password: TV369x Any questions call Leslie Barra at 631-586-1663.

#### THE LOVE OF CHRIST CHARISMATIC PRAYER GROUP

Meets every Tuesday from 1:00pm to 3:00pm in the Senior Room. Any questions call Lucille at 631-586-2438.

#### **USHERS**

Ushers are needed at all Masses. If you would like to help out at the Mass you attend then please call Paul Coppola at 631-587-9649 for more information.

#### **GREETERS**

Greeters are needed at all Masses. If you would like to greet at the Mass you attend then please call Cathie Taibi at 917-597-1559.

#### **CANCER SUPPORT GROUP**

For more information call Diana at 845-428-2272.

#### **SOCIETY OF ST. VINCENT DE PAUL - "We Help People"**

Alleluia! Jesus is Risen!

Today as we celebrate the feast of Easter, we find the challenge of also seeing and believing the resurrection that comes through our own lives of self-sacrifice which brings new life to others.

May everyone have a Blessed Easter and be renewed by Jesus' resurrection!

Is there a family or someone you know who may need assistance in addressing rent, utilities or other crucial bill arrears, or needs assistance with furniture or clothing, please have them email us at <a href="mailto:sscmstvincentdepaul@gmail.com">sscmstvincentdepaul@gmail.com</a> or call and leave a message at 631-667-4044 ext.175 You will receive a call back from one of our volunteers using a blocked number. Please answer the phone so we are able to assist you if we can.

If you would like to donate clothing, the bins on the north side parking lot of the church are for clothing only. To donate furniture, please call 631-858-0380 or visit <a href="www.svdpli.org">www.svdpli.org</a> for additional information.

#### **ROSARY ALTAR SOCIETY**

Our next meeting will be **Monday, April 1st in the Fr. Behan Hall at 7:30 p.m**. Any questions call Alba Barra at 631-274-5570.

Please join and support us at our **April 1st meeting** which is our **Baby Shower** meeting to support SSCM Respect Life/ Walking with Mom's Ministry.

#### **OUR LADY OF THE ROSARY COLUMBIETTES**

Our next meeting will be **April 8th at 7:30 p.m.** at Our Lady of the Rosary #4428 Council. If you would like to become a member please call Inez Schillinger, President at 631-586-2176.

**Our Lady of the Rosary Columbiette Membership Drive** - If you would like to become a member please contact Donna Daly, Admissions Chairperson at 631-667-0503 or Inez Schillinger, President at 631-586-2176.

#### OUR LADY OF THE ROSARY KNIGHTS OF COLUMBUS

We meet the 1st and 3rd Thursdays of the month. Please call Grand Knight Dan Thompson at 646-529-4850 if interested in becoming a member.

#### FIRST SATURDAY DEVOTIONS

Join us every first Saturday of every month for Adoration of the Most Blessed Sacrament at 8:00am followed by the 8:30am Mass and recitation of the rosary. **The next First Saturday of the month is April 6, 2024.** Any questions call Annette Arena at 631-661-9109.

#### SS CYRIL AND METHODIUS HOLY NAME SOCIETY

Our next 6 Hour **Defensive Driving Course** is **April 13th** in the Fr. Behan Hall. Coffee and bagel breakfast at 8:30am donated by Mangano Funeral Home. Pizza lunch provided by Shannon Macleod Elder Law Attorney. Space is limited. No Walk Ins allowed. If you would like to sign up for the Defensive Driving Course, please contact Phil Hogan at 631-667-9148.

#### **SENIOR CLUB**

Our next meeting will be on **April 2, 2024 at 2:30pm** in the Father Behan Hall. Come join us for an informative and fun filled meeting. Any questions call Mary Indelicato at 631-667-2998.



## LITURGICAL MINISTER TRAINING SPRING 2024

The Diocese of Rockville Center will offer training in Spanish and English for those who wish to serve as Extraordinary Ministers of Holy Communion and Lectors. No walk-ins permitted, all participants must be registered in advance with a letter from their pastor.

**Extraordinary Minister of Holy Communion:** Part A - This training is required for all those who are beginning as Ministers. This "BASIC" training is required for all Extraordinary Ministers of Holy Communion. Those who wish to minister in hospitals, nursing homes and to the homebound are required to attend Part B training in addition to BASIC training. One must attend Part A training prior to Part B training. A Lector Workshop is available for both new and experienced lectors.

#### **Dates and Locations for Liturgical Minister Training**

#### **Training in SPANISH:**

- Lector Workshop: Sat., April 20 Our Lady of Loretto / Hempstead Divine Mercy Chapel 9:00 –
   1:00 pm
- Extraordinary Minister of Holy Communion Part A:
   Sat., April 27 Our Lady of Loretto/ Hempstead Divine Mercy Chapel 9:00 1:00 pm

#### **Training in ENGLISH:**

- Lector Workshop and Extraordinary Minister of Holy Communion Part A:
   Tuesday, April 16 St. Elizabeth / Melville Msgr. Kane Hall; 7 pm 10 pm
   Sat., April 27 Immaculate Conception/Westhampton Beach Parish Hall; 9 am 12:00
   Tuesday, May 21 St. Christopher/Baldwin McGoldrick Hall; 7 pm 10 pm
   You may register for EITHER Lector OR Extraordinary Minister training at each session.
   Doors open 30 minutes before the training start time.
- Extraordinary Ministers of Holy Communion Part B presented in conjunction with Catholic Health

Sat., April 27\* – Immaculate Conception/Westhampton Beach - Parish Hall; 1 – 4 pm Tuesday, May 14 - St. Elizabeth / Melville - Msgr. Kane Hall; 7 pm - 10 pm Tuesday, June 4 - St. Christopher/Baldwin – McGoldrick Hall; 7 pm – 10 pm

\*On **April 27**, we are offering Part A and Part B on the SAME day. Those who attend Part A in the morning are welcome to bring lunch or leave for lunch and return for the 1 pm Part B session. Please indicate if you are doing BOTH on your registration letter from your pastor. This will be in English only.

A letter from your pastor will be required to reserve your space at any of these trainings and must be received at least five days prior to the session you wish to attend. To request registration for any of these sessions, please contact your rectory. Do not call the host parishes with questions. For questions relating to the Spanish training, call Ingrid Oliva at 516-678-5800, ext. 560. For questions regarding the English training, call Suzanne Lynn at 516-744-6850. Thank you for your interest.

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#### WON'T YOU BE MY NEIGHBOR

Our *Reach Out* committee of 5 has been slowly contacting our parishioners to update our records and see what needs they have. We can use more help in making these calls. See below on how to volunteer. We have had requests for receiving the bulletin at home and also a friendly visit to those who can't get out. Won't you be a *neighbor* and drop off a bulletin to someone in your *neighborhood* on the way home from church. Can you spare a bit of time to stop in and visit a *neighbor*, it would be so welcome. Please call Kerry Brennan at 631 586 6294 to help



#### **Discover the Amazing Riches of the Catholic Faith**

What is the Catholic Church all about? What does it mean to be Catholic? What do Catholics actually believe?

The Catholic Church is extraordinary. Founded by Christ himself, the Catholic Church is where we encounter God in his Word, his sacraments, and his saints. The Church faithfully proclaims the fullness of faith, leaving no truth out. It proclaims the fullness of life, leaving no person out. It calls all to repent and to believe in God the Father, Son, and Holy Spirit, the source of all life and salvation.

Maybe you've been Catholic your entire life. Maybe you're just beginning to explore the Catholic Faith. Wherever you may be in your journey, you will be profoundly moved by the beauty and the richness of the Catholic Church.

Wednesdays, 6:30 pm, beginning April 3, 2024 in Father Behan Hall For more information and to register please call Marianne Grimaldi at 631-463-7886



#### Respect Life

#### SSCM Maternal Support Services/Walking with Mom's Ministry

Thanks to the generosity of so many of our parishioners our "Moms ministry" has been able to assist well over 30 young families with much needed necessities for their newborn and toddler children.

If you find yourself in need of assistance for your newborn, toddler, or expectant baby; Please call the Respect Life Ministry @ 631-667-4044 Ext 120 and leave a voice message. We are here to help and will get back to you and help in any way that we can!

#### Rosary for Life: Every Friday at 3:00pm

Go to the <u>WWW.DRVCLIFE.ORG</u> website for the zoom link. *This is a beautiful way to put your faith to action, by way of the Rosary.* 



**Friday, April 12, 2024** Doors Open 6:30pm Ss. Cyril and Methodius Fr. Behan Hall

No Experience Necessary!
All you need to do is roll dice and socialize!
Bring Your Friends!

Coffee, Tea & Refreshments Prizes and Lots of Laughs Included

Tickets Must Be Purchased In Advance \$20 per person NO Refunds

For Tickets Contact Bobi Lukenovich 631-576-6899 or Donna Ryall 516-885-0606 or Geri Cavanaugh 973-479-4234

Drop Off At KofC Att: Bunco or Rectory Att: Columbiettes (Bunco)

Hosted by Our Lady of the Rosary Columbiettes Location: Ss. Cyril & Methodius -Fr. Behan Hall Proceeds will be donated to one of our charities.



### SAVE THE DATE

#### On April 14, 2024 there will be a special liturgy at the 12:30 p.m. Mass

to honor the sacrament of marriage. This celebration will be extraordinary, since we will honor couples who are celebrating anniversaries of 1 year, multiples of 5 years, or more than 50 years, during 2024.

If you have any questions, please contact: Marianne at ext.115 or Joan at ext.122

All married couples wishing to attend this liturgy should email the information to msaffran@sscmdp.org or jloring@sscmdp.org by April 8, 2024.

#### The Diocese of Rockville Centre

#### **GOLDEN WEDDING ANNIVERSARY MASSES**

#### **Honoring Couples Married Fifty Years**

The Diocese of Rockville Centre would like to honor those couples who celebrated Fifty Years of marriage in 2024 by inviting them to attend one of the Masses below for a special blessing.

#### Sunday, April 21, 2024, at 3:00 p.m.

The Cathedral of St. Agnes, Rockville Centre Celebrant: Most Reverend Andrzej Zglejszewski

Registration must be received by Tuesday, April 16, 2024

#### Sunday, May 5, 2024, at 3:00 p.m.

Church of Our Lady of Mount Carmel, Patchogue Celebrant: Most Reverend Robert J. Coyle

Registration must be received by Tuesday, April 30, 2024

#### Register on line at drvc-faith.org

For questions, please contact Lisette Robustelli, Associate Director at 516-678-5800 ext. 200 or via email at Irobustelli@drvc.org





This year our Paschal Candle is donated by Steve and Kerry Brennan in memory of

# Rev. Msgr. Frank X. Gaeta



#### LAST CHANCE!

Society of St. Vincent de Paul invites you to the



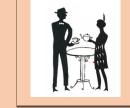
## Who "Dunn" it Wedding at the Speakeasy

Join the fun and help solve the mystery during this live interactive performance.

1920's attire encouraged



Saturday April 6, 2024 6 — 10 pm Fr. Behan Hall



So Cyril and Methodius Church 125 Half Hollow Road, Deer Park

Ticket cost: \$65 per person Admission includes beer, wine, soda, dinner, dessert, and show.

(21 and over)

No ticket sales at the door. Space will be limited.

Name of attendees:	Tel No
No of tkts:	Amount Enclosed:

Checks payable to SVDP Drop off at Rectory: Attention SVDP or mail to above address Contact Jane McMahon (516) 816-1930 or Kerry Brennan (631) 586-6294

#### **Parish Social Ministry**

We have been signing up new families almost every week. We are so blessed that our parish is so generous to allow us to be able to help so many families. Last month we welcomed 9 new families.

In February we were able to provide food and basic needs of living to 1316 over the course of the month.

We are happy to report that we are now getting donations from the newly relocated Panera Bread company. Stanley's Bakery in East Islip donates to us every week as well.

We received a lot of items in the bins that we had to throw away. Once again we are asking that things do not get put in the bins that are past dated or fragile. Such as bread that winds up in the bottom of the bin and so becomes unusable. We also received many refrigerated items that must be thrown out as well.

Please call and I will be happy to meet you if at all possible to accommodate your schedule.

Don't forget the Catholic Health Services Bus is coming April 16th in the Social Ministry parking lot from 9am to 2pm.

#### Janet

#### **FOOD**

- 1. White Rice (We have plenty of Brown Rice)
- 2. Ritz Type Crackers
- 3. Pasta or Spaghetti
- 4. Cookies
- 5. Mac and Cheese

#### **PANTRY NEEDS:**

- 6. Canned Tuna Fish
- 7. Canned Chicken
- 8. Spam
- 9. Shelf stable juice (Lidl has the best price on Apple Juice)
- 10. Sloppy Joe Mix (Manwich type in a can)

#### NON FOOD ITEMS

- 1. Paper Towels
- 2. Body Wash
- 3. Women's deodorant
- 4. Women's shave cream
- 5. Men's deodorant
- 6. Men's shave cream
- 7.Shampoo
- 8.Conditioner
- 9. Bar Soap
- 10. Dish Detergent
- 11. Toilet Paper

If you shop in dollar tree the flour, sugar and oil are the perfect size.

#### We are in need of the following for our once a month and once every other month items

1. Ketchup

2. White Vinegar (not gallon size)

3. Oil

4. Jelly

5. Mayonnaise

6. Salt

7. Coffee 8. Flour

9. Tea

10. Mustard 11. Sugar

12: Salad dressing

Free health screenings

#### Mobile **Outreach Bus**

Tuesday April 16, 2024 9am-2pm

**Parish Social Ministry Parking Lot Half Hollow Road** Ss. Cyril & Methodius



#### Services for adults (18 and older):

Brief cardiac history

Blood pressure screening

BMI screening

Simple blood test for cholesterol and glucose

Health education

Referrals as needed

Resources for those without insurance

#### **FOR SALE**

SSCM 50<sup>th</sup> Anniversary t-shirts available for purchase at the Parish Office. \$5



#### **GIFT CARDS**

For sale at the parish office during office hours. The list is what we currently have in stock. If there is something else that you would like, please call 631-667-4044 ext. 110.

An easy way when giving gifts to your family and friends, while SUPPORTING your parish!



Available for purchase at the Parish Office. \$2.00 per Bag

Proceeds go to

**MENTAL HEALTH PARISH PROGRAMS** 



Amazon, Texas Roadhouse, VISA, Speedway - \$100 Stop & Shop, Texas Roadhouse, Amazon, VISA - \$50 Barnes & Noble, Amazon - \$25 Home Depot, Kohl's, Lowes, Macy's - \$25 Panera, Red Lobster, Shutterfly - \$25 Speedway, Staples, Stop & Shop - \$25 Target, Texas Roadhouse, Walgreens - \$25 Dunkin Donuts, Panera, Starbucks, Target - \$10

